



# Help is a call away

You and your household members can get help to make life easier. With one call, you can find support with all of life's issues.

## Daily life assistance

Your life is busy. Call us and we can save you time and energy. We can find local options that can help you with:

- Child and elder care
- Auto repairs
- Household services
- Pet care and more

## Legal and financial

You can call us for legal and financial help, too. You get a free 30 minute consultation with one of our experts.\* You can find help with a wide range of issues including:

- Estate planning
- Debt management
- Credit repair
- Tax planning and more

## Free and private counseling

You can call us for emotional support any time. We often help members with:

- Relationship issues
- Depression and anxiety
- Stress management
- Work/life balance and more



\*Employees, spouses, domestic partner and dependent children up to age 26 (either in school or living in the same household) are eligible for the basic legal benefits.

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